



Preparing for Your Visit

Your visit to the optometrist office is an important health encounter. Preparing for it properly will guarantee that you will get the best results.

Please bring:

- Your **health card** and **personal identification**.
 - Even if your visit is not OHIP insured, it may be useful to you to have this information in your chart as it may be required or beneficial to you at a future visit.
- A **list of all medications** (OK to bring the bottles), you are currently taking, including prescription medicines, eye drops *and* non-prescription medications or naturopathic remedies.
- A **list of other health professionals** you have recently consulted, why you went to see them.
- Any **glasses** that you are currently wearing or a copy of your last prescription if it is your first visit to our office.
- A **driver** may be required if pupil dilation, diagnostic testing or procedures are being performed.

We offer plenty of free parking at Frederick Mall.